

Understanding the Medicare Annual Wellness Visit

HOW YOU BENEFIT FROM THIS IMPORTANT MEDICARE BENEFIT



A **Medicare Annual Wellness Visit** is a preventive visit with your provider and a great opportunity to focus on issues or concerns that may be overlooked in a routine physical exam. During the visit, your health-care team will help you **develop a long-term, preventive care plan to guide your health.**

WHAT DOES THE MEDICARE AWV COST?

Patients pay nothing out-of-pocket for this visit. During your visit **if you require further tests or screenings** other than those outlined below, **a co-payment or deductible expense may occur.**

COMPONENTS OF YOUR ANNUAL WELLNESS VISIT:



Update of your medical and family history and current medications



Review your list of current care providers



Screen for memory and behavioral changes



Measurement of blood pressure, height and weight



Review of movement ability and risk of falls



Advance Care Planning



Development of a written preventive health and screening plan

Sample Patient Scenario: Sally takes medication for high cholesterol and high blood pressure. She has been feeling fatigued and plans to discuss this during her Medicare Annual Wellness Visit.

Sally's physician completes the requirements for an AWV, reviews and discusses screenings and immunizations appropriate for her age and develops and reviews her personalized preventive health plan. Sally discusses her increased fatigue with the physician. After reviewing Sally's medications and previous lab results, the physician determines that she is due for additional testing due to her high cholesterol, medication use and symptoms. The physician also determines that Sally needs a Hepatitis C screening, glucose screening, mammogram, colonoscopy and influenza and pneumococcal vaccines. Finally, they discuss her advance care plan including Sally's medical treatment preferences.



The following services **are covered:**

- Review of medical history
- Fall risk assessment
- Screening for depression and cognitive impairments
- Development of a personalized preventive care plan
- Hepatitis C screening
- Glucose screening
- Mammogram and Colonoscopy screening
- Influenza and pneumococcal vaccines
- Advance care planning



The following services are outside of the AWV and **may result in an additional office visit charge:**

- Management of high cholesterol, hypertension and fatigue