



Coding SDoH in Patients

Using ICD-10 Z codes to Document Social Determinants of Health



Communicate patient barriers to others on the care team



Consider barriers when making treatment recommendations



Document social risk factors to depict overall patient health status

Some of the most common Z codes are listed below. Please note that this is not an exhaustive list.

EDUCATIONAL CIRCUMSTANCES

- Z55.0** Illiteracy and low-level literacy
- Z55.1** School unavailable and unattainable
- Z55.3** Underachievement in school
- Z55.5** Less than a high school diploma
- Z55.8** Other problems related to education and literacy

EFFECTS OF THE WORK ENVIRONMENT

- Z56.0** Unemployment, unspecified
- Z56.3** Stressful work environment
- Z56.6** Other physical and mental strain related to work
- Z56.89** Other problems related to employment

HOUSING AND HOMELESSNESS

- Z59.0** Homelessness
- Z59.01** Sheltered homelessness
- Z59.1** Inadequate housing
- Z59.12** Inadequate housing utilities
- Z59.2** Discord with neighbors, lodgers and landlord
- Z59.3** Problems related to living in residential institution
- Z59.8** Other problems related to housing and economic circumstances
- Z59.81** Housing instability, housed
- Z59.811** Housing instability, housed, with risk of homelessness
- Z59.812** Homelessness in past 12 months
- Z59.819** Housing instability, housed unspecified

HOUSEHOLD GOODS

- Z59.87** Material hardship
- Z59.89** Other problems related to housing and economic circumstances

FOOD

- Z58.6** Inadequate drinking water supply
- Z59.4** Lack of adequate food
- Z59.41** Food insecurity

TRANSPORTATION

- Z59.82** Transportation insecurity

MONEY AND FINANCES

- Z59.5** Extreme poverty
- Z59.6** Low income
- Z59.7** Insufficient social insurance and welfare support
- Z59.86** Financial insecurity

SOCIAL ENVIRONMENT

- Z60.0** Problems of adjustment to life-cycle transitions
- Z60.2** Problems related to living alone
- Z60.3** Acculturation difficulty
- Z60.4** Social exclusion and rejection
- Z60.5** Target of (perceived) adverse discrimination and persecution
- Z60.8** Other problems related to social environment

UPBRINGING

- Z62.0** Inadequate parental supervision and control
- Z62.1** Parental overprotection
- Z62.2** Upbringing away from parents (EG: foster care, institution, etc.)
- Z62.810** Personal history of physical and sexual abuse in childhood
- Z62.811** Personal history of psychological abuse in childhood
- Z62.812** Personal history of neglect in childhood
- Z62.82** Parent-child conflict

FAMILY AND SUPPORT GROUP

- Z63.0** Problems in relationship with spouse or partner
- Z63.3** Absence of family member
- Z63.4** Disappearance and death of family member
- Z63.5** Disruption of family by separation and divorce
- Z63.6** Dependent relative needing care at home
- Z63.7** Other stressful life events affecting family and household
- Z63.71** Stress on family due to return of family member from military deployment
- Z63.72** Alcoholism and drug addiction in family
- Z63.8** Other specified problems related to primary support group

LEGAL AND PSYCHOSOCIAL CIRCUMSTANCES

- Z64.0** Problems related to unwanted pregnancy
- Z64.1** Problems related to multiparity
- Z65.0** Conviction in civil and criminal proceedings without imprisonment
- Z65.1** Imprisonment and other incarceration
- Z65.2** Problems related to release from prison
- Z65.3** Problems related to other legal circumstances
- Z65.4** Victim of crime and terrorism
- Z65.8** Other specified problems related to psychosocial circumstances



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