

# Coding SDoH in Patients

Using ICD-10 Z codes to Document Social Determinants of Health



Communicate patient barriers to others on the care team



Consider barriers when making treatment recommendations



Document social risk factors to depict overall patient health status

*Some of the most common Z codes are listed below. Please note that this is not an exhaustive list.*

## EDUCATIONAL CIRCUMSTANCES

- Z55.0** Illiteracy and low-level literacy
- Z55.1** School unavailable and unattainable
- Z55.3** Underachievement in school
- Z55.8** Other problems related to education and literacy
- Z55.9** Problems related to education and literacy, unspecified

## EFFECTS OF THE WORK ENVIRONMENT

- Z56.0** Unemployment, unspecified
- Z56.3** Stressful work environment
- Z56.6** Other physical and mental strain related to work
- Z56.89** Other problems related to employment
- Z56.9** Unspecified problems related to employment

## HOUSING AND HOMELESSNESS

- Z59.0** Homelessness
- Z59.00** Homelessness unspecified
- Z59.1** Inadequate housing
- Z59.2** Discord with neighbors, lodgers and landlord
- Z59.3** Problems related to living in residential institution
- Z59.8** Other problems related to housing and economic circumstances
- Z59.81** Housing instability, housed
- Z59.812** Homelessness in past 12 months
- Z59.9** Problem related to housing and economic circumstances, unspecified

## HOUSEHOLD GOODS

- Z59.87** Material hardship
- Z59.89** Other problems related to housing and economic circumstances

## FOOD

- Z59.4** Lack of adequate food
- Z59.41** Food insecurity
- Z59.48** Other specified lack of adequate food

## TRANSPORTATION

- Z59.82** Transportation insecurity

## MONEY AND FINANCES

- Z59.5** Extreme poverty
- Z59.6** Low income
- Z59.7** Insufficient social insurance and welfare support
- Z59.86** Financial insecurity

## SOCIAL ENVIRONMENT

- Z60.0** Problems of adjustment to life-cycle transitions
- Z60.2** Problems related to living alone
- Z60.3** Acculturation difficulty
- Z60.4** Social exclusion and rejection
- Z60.5** Target of (perceived) adverse discrimination and persecution
- Z60.8** Other problems related to social environment
- Z60.9** Problem related to social environment, unspecified

## UPBRINGING

- Z62.0** Inadequate parental supervision and control
- Z62.1** Parental overprotection
- Z62.2** Upbringing away from parents
- Z62.810** Personal history of physical and sexual abuse in childhood
- Z62.811** Personal history of psychological abuse in childhood
- Z62.812** Personal history of neglect in childhood
- Z62.819** Personal history of unspecified abuse in childhood
- Z62.82** Parent-child conflict
- Z62.9** Problem related to upbringing, unspecified

## FAMILY AND SUPPORT GROUP

- Z63.0** Problems in relationship with spouse or partner
- Z63.3** Absence of family member
- Z63.4** Disappearance and death of family member
- Z63.5** Disruption of family by separation and divorce
- Z63.6** Dependent relative needing care at home
- Z63.7** Other stressful life events affecting family and household
- Z63.71** Stress on family due to return of family member from military deployment
- Z63.72** Alcoholism and drug addiction in family
- Z63.79** Other stressful life events affecting family and household
- Z63.8** Other specified problems related to primary support group
- Z63.9** Problem related to primary support group, unspecified

## LEGAL AND PSYCHOSOCIAL CIRCUMSTANCES

- Z64.0** Problems related to unwanted pregnancy
- Z64.1** Problems related to multiparity
- Z65.0** Conviction in civil and criminal proceedings without imprisonment
- Z65.1** Imprisonment and other incarceration
- Z65.2** Problems related to release from prison
- Z65.3** Problems related to other legal circumstances
- Z65.4** Victim of crime and terrorism
- Z65.8** Other specified problems related to psychosocial circumstances
- Z65.9** Problems related to unspecified psychosocial circumstances



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