**MULTIPLE CARE GAPS**

Dear Patient:

<Clinic Name> is proud to be your health partner. As part of our mission to provide holistic primary health care, we frequently review your records to monitor important preventive and diagnostic screenings that are appropriate based on your needs and health history.

Our records indicate that you are due for the following visits or screenings:

Annual Exam

Cervical Cancer Screening

Colorectal Cancer Screening

Diabetic Eye Exam

Mammogram

Medicare Annual Wellness Visit

**Next Steps**

The enclosed resources will guide you on the importance of the appointment or screening, what to expect and how to prepare. After reviewing the information, please call <Clinic Phone Number> to schedule your appointment.

We appreciate your ongoing partnership and look forward to helping continue your journey to a healthier life. If you have questions related to this information or other medical concern, please do not hesitate to contact us.

Sincerely,

<Clinic Name>

**ANNUAL EXAM**

Dear Patient:

<Clinic Name> is proud to be your health partner. As part of our mission to provide holistic primary health care, we frequently review your records to monitor important preventive and diagnostic screenings that are appropriate based on your needs and health history.

Our records indicate that you are due for your annual exam.

**What is an annual exam?**

An annual exam is an opportunity to meet with your provider and discuss your health. We will review your symptoms, changes in your physical or mental health, chronic illnesses and your health goals.

Please see the enclosed resource outlining the importance of meeting with your primary care provider, what to expect in the appointment and how to prepare. For your convenience, we have also included an appointment planning guide to help you gather important information, record any questions or symptoms you want to discuss with your provider and more.

**Next Steps**

Please call our office at <Clinic Phone Number> to schedule your appointment and walk through how to prepare for the appointment.

We appreciate your ongoing partnership and look forward to helping continue your journey to a healthier life. If you have questions related to the annual exam or other medical concern, please do not hesitate to contact us.

Sincerely,

<Clinic Name>

Recommended Enclosures: Primary Care Provider Patient Resource, Primary Care Appointment Guide

**CERVICAL CANCER SCREENING**

Dear Patient:

<Clinic Name> is proud to be your health partner. As part of our mission to provide holistic primary health care, we frequently review your records to monitor important preventive and diagnostic screenings that are appropriate based on your needs and health history.

Our records indicate that you are due for a cervical cancer screening.

**What is a cervical cancer screening?**

According to the American Cancer Society, cervical cancer starts in the cells lining the

cervix – the lower part of the uterus. Cancer starts when the cells in the body begin to grow out of control. Often, women with early cervical cancers or pre-cancers do not have any symptoms.

The best way to find cervical cancer early is to have regular screenings with a Pap test. A Pap (Papanicolaou) test is a procedure used to collect cells from the cervix so they can be looked at in a lab to find cancer and pre-cancer. Often a Pap test is combined with a test for Human Papillomavirus or HPV. By doing an HPV test, providers can look for cervical cancer-causing cells.

**Next Steps**

Please call our office at <Clinic Phone Number> to schedule your appointment and walk through how to prepare for the appointment.

We appreciate your ongoing partnership and look forward to helping continue your journey to a healthier life. If you have questions related to the screening or other medical concern, please do not hesitate to contact us.

Sincerely,

<Clinic Name>

**COLORECTAL CANCER SCREENING**

Dear Patient:

<Clinic Name> is proud to be your health partner. As part of our mission to provide holistic primary health care, we frequently review your records to monitor important preventive and diagnostic screenings that are appropriate based on your needs and health history.

Our records indicate that you are due for a colorectal cancer screening.

**What is colorectal cancer?**

Colon cancer is cancer within the large intestine and is the third leading cause of cancer deaths in the United States. Because colon cancer is so common, and the survival rate is so high when caught early, screenings for colon cancer are important.

**How do you screen for colorectal cancer?**Colonoscopies are the gold standard for finding and removing polyps. This is especially true if you have a personal history of polyps and/or colon cancer, or if you have a family history of colon cancer. If you do not have a family history of colon cancer, and a colonoscopy seems overwhelming, you may be eligible for other screening options.

**Next Steps**

Please see the enclosed resource outlining the importance of colorectal cancer screening and possible screening options. Please call our office at <Clinic Phone Number> to discuss which screening methodology is best for you.

We appreciate your ongoing partnership and look forward to helping continue your journey to a healthier life. If you have questions related to the screening or other medical concern, please do not hesitate to contact us.

Sincerely,

<Clinic Name>

Recommended Enclosure: Colorectal Cancer Screening Patient Resource

**DIABETIC EYE EXAM**

Dear Patient:

<Clinic Name> is proud to be your health partner. As part of our mission to provide holistic primary health care, we frequently review your records to monitor important preventive and diagnostic screenings that are appropriate based on your needs and health history.

Our records indicate that you are due for a diabetic eye exam.

**What is a Diabetic Eye Exam?**

Diabetes mellitus affects many parts of the body and can be devastating to the eyes if the disease is uncontrolled. Diabetic patients should schedule dilated examinations by an ophthalmologist or optometrist at least once a year.

During the exam, your pupils will be dilated, and your provider will examine blood vessels and monitor damage over time. Diabetic retinopathy may be present without any symptoms, so early detection is the best protection against loss of vision.

Please see the enclosed resource outlining the importance of an eye exam and what to expect.

**Next Steps**

Please call our office at <Clinic Phone Number> to schedule your appointment and walk through how to prepare for the exam.

We appreciate your ongoing partnership and look forward to helping continue your journey to a healthier life. If you have questions related to the eye exam or other medical concern, please do not hesitate to contact us.

Sincerely,

<Clinic Name>

Recommended Enclosure: Diabetic Eye Exams and Retinopathy Patient Resource

**MAMMOGRAM**

Dear Patient:

<Clinic Name> is proud to be your health partner. As part of our mission to provide holistic primary health care, we frequently review your records to monitor important preventive and diagnostic screenings that are appropriate based on your needs and health history.

Our records indicate that you are due for a mammogram.

**What is a mammogram?**

A mammogram is an X-ray examination of the breast used to detect and evaluate breast disease, benign tumors and cysts; often before they can be detected by touch.

Many mammograms utilize 3D mammography. Unlike traditional mammograms that capture a single image and view at one time, 3D mammography captures multiple images of breast tissue to recreate a 3-dimensional picture of the breast. This procedure has a 40% higher invasive detection rate than a traditional mammogram.

**Why are mammograms important?**

Early detection of breast cancer with screening mammography means treatment can be started earlier in the course of the disease, potentially before it has spread. Research shows that screening mammograms can reduce deaths related to breast cancer for women ages 40 to 79.

**Next Steps**

Please call our office at <Clinic Phone Number> to schedule your appointment and walk through how to prepare for the exam.

We appreciate your ongoing partnership and look forward to helping continue your journey to a healthier life. If you have questions related to the mammogram or other medical concern, please do not hesitate to contact us.

Sincerely,

<Clinic Name>

**MEDICARE ANNUAL WELLNESS VISIT**

Dear Patient:

<Clinic Name> is proud to be your health partner. As part of our mission to provide holistic primary health care, we frequently review your records to monitor important preventive and diagnostic screenings that are appropriate based on your needs and health history.

Our records indicate that you are due for a Medicare Annual Wellness Visit.

**What is a Medicare Annual Wellness Visit?**

A Medicare Annual Wellness Visit is a yearly appointment with your care provider to update your health records and ensure you are up-to-date on all preventive services. This appointment is different than a yearly physical. It is an opportunity to create a personalized preventive health plan.

Please see the enclosed resource outlining the importance of the Medicare Annual Wellness Visit and what to expect during the important conversation with your provider.

**Next Steps**

Please call our office at <Clinic Phone Number> to schedule your appointment and walk through how to prepare for the appointment.

We appreciate your ongoing partnership and look forward to helping continue your journey to a healthier life. If you have questions related to the Medicare Annual Wellness Visit or other medical concern, please do not hesitate to contact us.

Sincerely,

<Clinic Name>

Recommended Enclosure: Medicare Annual Wellness Visit Patient Resource