

## **FOOD ASSISTANCE**

### **Grocery Delivery**

#### **Shopping Angels**

Serves:

- Seniors 60+
- Adults 18+ with impaired immune systems
- Chronic Illness

Hours:

- M - F 10 a.m. – 7 p.m.

Website:

- [https://www.facebook.com/pg/shoppingangelsnbv/about/?ref=page\\_internal](https://www.facebook.com/pg/shoppingangelsnbv/about/?ref=page_internal)
- <https://docs.google.com/forms/d/e/1FAIpQLSd5Fb vXqx3GICZ1SIKOVs2LukraZr0VOyQWvbi5eRVPGSV1 oA/viewform>

#### **Expensify**

Serves:

- Adults 18+
- Families with Children
- Benefit recipients
- Low-income

Website:

- <http://www.expensify.org/hunger>

#### **NEighbor Resources by Support Your Neighbor**

Information:

- Our goal is to keep you and our more vulnerable population as safe as possible during this outbreak. If you are struggling to pay for essentials, please contact us to learn how we can help.

Serves:

- Seniors, Limited mobility

Hours:

- M – F 8 a.m. - 5 p.m.

Phone:

- 402-522-6394

Website:

- <https://www.supportyourneighborcovid19.org/neighbor-resources>

#### **Helping Hands Delivery by Helping Hands Community**

Information:

- volunteers deliver groceries, medicine, and other necessary supplies to empower everyone to stay healthy and be as responsible as they can be during the COVID-19 pandemic. We connect people who must shelter in place, those who are most vulnerable, with those who can safely deliver critical items (like food, medicine, or household goods) and provide various forms of assistance (like dog-walking, mail pick-ups, or conversations).

Serves:

- Adults 18+, chronic disease or physical disability

Hours:

- Open 24/7

Website:

- <https://helpinghands.community/home>

#### **NEW! Senior Virtual Companions by Mon Ami**

Information:

- Mon Ami helps seniors not just survive but thrive during the COVID-19 crisis by providing free virtual social visits, grocery runs, and technology support by phone to anybody across the country who might be isolated by COVID-19.

Serves:

- Seniors socially isolated by COVID-19

Hours:

- M - F 10 a.m. - 7 p.m.

Website:

- <https://www.monami.io/>

### **Food Assistance**

#### **US Dept of Agriculture Emergency Food Assistance Program (TEFAP)**

Information:

- Free federal program that helps supplement the diets of low-income Americans at no cost

Serves:

- Anyone in need

Hours:

- M - F 7 a.m. - 4 p.m.

Website:

- <https://www.fns.usda.gov/tefap/emergency-food-assistance-program>

#### **Meals on Wheels by Eastern Nebraska Office on Aging**

Information:

- Will continue meals on wheels programs for frail in-home clients and offering “grab and go” program to the current participants displaced from the senior centers during closures related to COVID-19

Serves:

- Seniors Age 60 or older
- Experiencing difficulties with meal preparation due to physical or mental concerns

Website:

- [http://enoa.org/?page\\_id=27](http://enoa.org/?page_id=27)

Phone:

- 402-444-6766

Hours:

- M - F 8 a.m. – 5 p.m.

#### **NorthStar Foundation**

Serves:

- All ages, Anyone in need

Hours:

- Mondays 6 p.m. – 8 p.m.

Website:

- <http://northstar360.org/>

**Nebraska Department of Education School Meals Locator**

Information:

- School Food Authorities across Nebraska are continuing their hard work to give students access to nutritious meals despite school closures and closed facilities. School Meal Site Locator

Serves:

- Children, Teens, Students

Hours:

- M - F 8 a.m. – 5 p.m.

Website:

- <https://www.education.ne.gov/ns/>

**Supplemental Nutrition Assistance Program (SNAP) NE DHHS**

Information:

- The Supplemental Nutrition Assistance Program (SNAP) helps low-income households buy food, which raises nutrition levels. Recipients receive benefits on Electronic Benefits Transfer (EBT) cards, which are accepted by most supermarkets and grocery stores.

Serves:

- Low-Income, Individuals & Families, All ages

Hours:

- M – F 8 a.m. - 5 p.m.

Phone:

- 800-383-4278

Website:

- <http://dhhs.ne.gov/Pages/ACCESSNebraska.aspx>

**Food Pantry:**

**The Life House Food Pantry**

Serves:

- Anyone in need, All Ages

Hours:

- Tues 6 p.m. – 8 p.m.
- Sat 10 a.m. – 12 p.m.

Website:

- <https://thelifehouseomaha.org/portfolio-items/1food-pantry/>

**FaithWorks Pantry by Faith Westwood United Methodist Church**

Serves:

- Anyone in need, All Ages

Hours:

- Wed 5 p.m. – 7 p.m.
- Sat 10 a.m. – 12 p.m.

Website:

- <http://faithwestwood.com/ministry/missions>

**A Hand Up Food Pantry by First Presbyterian Church of Omaha**

Serves:

- Anyone in need, All Ages

Hours:

- Thurs 3:30 p.m. – 5:15 p.m.

Website:

- <https://www.fpcomaha.org/>

**Choice Food Pantry by Heart Ministry Center**

Serves:

- Anyone in need, All Ages

Hours:

- M-Th 10 a.m. – 1 p.m.
- Fri. 11 a.m. – 2 p.m.
- Sat. 9 a.m. 12 p.m.

Website:

- <http://www.heartministrycenter.org/>

**Emergency Food Pantry by Catholic Charities of Omaha**

Serves:

- Anyone in need, All Ages

Hours:

- M, Tu, Th, F 9:30 a.m. – 11:30 a.m.
- Wed 2 p.m. – 6 p.m.

Website:

- <https://www.ccomaha.org/what-we-do/food-services.html>

**Choice Pantry by Together**

Serves:

- Anyone in need, All Ages

Hours:

- M– Th 10 a.m. – 3:30 p.m.
- F 10 a.m. – 2 p.m.

Website:

- <http://togetheromaha.org/i-need-help-2/services/>

**All Saints Episcopal Church (mobile)**

Serves:

- All ages, Anyone in need

Hours:

- Saturday 8:30 a.m. – 10 a.m. \*Operates every 4<sup>th</sup> Saturday

Website:

- <http://www.allsaintsomaha.org/pantry/>

**Clair Memorial United Methodist Church**

Serves:

- All ages, Anyone in need

Hours:

- Saturday 10am-2pm \*Operates every 3<sup>rd</sup> Saturday

Website:

- <http://www.cmumc.net/>

**Intercultural Senior Center**

Serves:

- Seniors (Over age 50)

Hours:

- M - F 10 a.m. – 4 p.m.

Phone:

- 402-444-6529

**Burrow Center Food Pantry by The Salvation Army of Omaha**

Information:

- Food pantry in operation at the Burrow Center is prepared to assist greater numbers of people. Staff have been pre-packaging pantry orders in order to mitigate any potential virus spread.

Serves:

- Anyone in need

Hours:

- M, Tu, Th, F 9 a.m. - 3:30 p.m.

Website:

- <https://centralusa.salvationarmy.org/omaha/the-salvation-army-of-omaha-covid-19-response/>

**Mom's Meals**

Information:

- Provides home delivered meals to the elderly, disabled, and individuals in poor health, who are eligible for economic assistance through Medicaid Waiver or other government-funded nutrition programs

Serves:

- Adults 18+
- To qualify you must meet one of the conditions: Be 65 or older, disabled, require assistance with grocery shopping and/or preparing meals, or on Medicaid/Medicare or a member of a Health Insurance Plan that offers a paid meal benefit.

Hours:

- M-F 8a.m. – 6 p.m.

Phone:

- 877-508-6667

Website:

- <http://www.momsmeals.com/our-programs/ltss-hcbs/>

**Mental Health & Substance Abuse**

**Virtual Family Assistance Center by American Red Cross**

Information:

- The American Red Cross Virtual Family Assistance Center offers information and resources for those who have lost a loved one to the Coronavirus.

Serves:

- Eligibility for the Condolence Care Call Center is that you, a family member or a client was affected by a family member's death due to COVID-19.
- The secondary service of Psychological First Aid training is available for community groups, civic organizations or professional caregivers.

Hours:

- Sun – Fri 7 a.m. -10 p.m.
- Sat 7 a.m. – 5:45 p.m

Website:

- <https://www.redcross.org/virtual-family-assistance-center.html>

**Methodist Emotional Support Line**

Information:

- Free, confidential counselors

Serves:

- Anyone in need; Spanish-speaking counselors available

Hours:

- M-F, 8 a.m. – 4 p.m.

Phone:

- 402-815-TALK
- 402-815-8255

**Disaster Distress Helpline by Substance Abuse and Mental Health Services Administration (SAMHSA)**

Information:

- Provides counseling, system navigation and a help hotline

Serves:

- All ages, Anyone in need

Hours:

- M - F 7 a.m. – 4 p.m.

Phone:

- 800-985-5990

Website:

- <http://www.samhsa.gov/find-help/disaster-distress-helpline>

**WeConnect Health Management Online Support Meetings**

Information:

- Offering free online support meetings that are open to anyone

Serves:

- Anyone in need: Eating disorder, All Mental Health, Substance Dependency

Hours:

- 7 days a week, 9 a.m. – 1 a.m.

Website:

- <https://www.weconnectrecovery.com/free-online-support-meetings>

**National Alliance of Mental Illness (NAMI)**

Information:

- Provides mental health services, system navigation and help hotlines

Serves:

- All ages, Anyone in need

Hours:

- M - F 9 a.m. – 5 p.m.

Phone:

- 800-950-6264

Website:

- <http://www.nami.org/Find-Support/NAMI-HelpLine>

**NE COVID-19 Community Resources – Updated 11.2.2020**

**Alcoholics Anonymous (AA)**

Information:

- Provides addiction and recovery support services, 12-step program, support groups and virtual support

Serves:

- Adults 18+
- Persons with alcohol dependency

Hours:

- M - F 7 a.m. – 4 p.m.

Website:

- <http://aa-intergroup.org/directory.php>

**Narcotics Anonymous**

Information:

- Provides addiction and recovery support services, 12-step program, support groups and virtual support

Serves:

- Adults 18+
- Persons with substance dependency

Hours:

- M - F: 10 a.m. – 7 p.m.

Website:

- [http://www.na.org/?ID=virtual\\_meetings](http://www.na.org/?ID=virtual_meetings)

**The National Domestic Violence Hotline**

Information:

- Provides lifesaving tools and immediate support to empower victims and survivors to find safety and live free of abuse. Also, provide support to friends and family members who are concerned about a loved one.

Serves:

- Anyone in need

Hours:

- Open 24 hours

Phone:

- 800-799-7233

Website:

- <http://www.thehotline.org/>

**Depression and Bipolar Support Alliance (DBSA)**

Information:

- DBSA Free Online support Groups give people living with depression and bipolar disorder a safe, welcoming place to share experiences, discuss coping skills and offer each other hope

Serves:

- Ages 17+ with a mood disorder

Hours:

- M-F 8 a.m. – 5 p.m.

Website:

- <https://www.dbsalliance.org/support/chapters-and-support-groups/online-support-groups/>

**Optum Public Crisis Line**

Information:

- Providing free emotional support to anyone

Serves:

- Anyone in need

Hours:

- 24/7

Phone:

- 866-342-6892

Website:

- <https://www.liveandworkwell.com/content/en/public.html>

**Shine**

Information:

- Mental Health Support Services

Serves:

- Anyone in need

Hours:

- M - F 7 a.m. – 4 p.m.

Website:

- <https://www.virusanxiety.com/>

**Sanvello Health, Inc.**

Information:

- Free premium access to our digital care delivery platform to anyone impacted by COVID-19 for the duration of the crisis, offering on-demand mindfulness and cognitive behavioral therapy-based self-care strategies

Serves:

- Adults 18+, depression and anxiety

Hours:

- M - F 8 a.m. – 5 p.m.

Website:

- <https://www.sanvello.com/coronavirus-anxiety-support/>

**NEW! Digital All Recovery Mutual Aid Meetings by Unity Recovery**

Information:

- Provides daily recovery meetings during the COVID-19 pandemic.

Serves:

- Teens, Adults, Seniors with substance, opioid or alcohol dependency

Hours:

- M – F 7 a.m. – 4 p.m.

Website:

- <https://unityrecovery.org/digital-recovery-meetings>

## Medication Assistance

### CVS prescription delivery

Serves:

- Anyone in need

Hours:

- M -.F 7 a.m. – 4 p.m.

Website:

- <https://www.cvs.com/content/delivery>

### Walgreens

Information:

- Waiving delivery fees for all eligible prescriptions
- Drive thru pharmacy access

Serves:

- Anyone in need

Hours: May vary by location, please check store locator

- 9 a.m. – 9 p.m. 7 days a week

Website:

- [https://www.walgreens.com/topic/findcare/coronavirus.jsp?ban=covid\\_vanity](https://www.walgreens.com/topic/findcare/coronavirus.jsp?ban=covid_vanity)

### The Assistance Fund:

Website:

- <http://tafcares.org/program-listing/>

### Patient Services, Inc.:

Website:

- <http://www.patientservicesinc.org/patients/types-of-assistance>

### Patient Advocate Foundation:

Website:

- <http://copays.org/providers/>

### Novo Nordisk Diabetes Patient Assistance Program

Information:

- People with diabetes using Novo Nordisk Inc. insulin who have lost health insurance coverage because of a change in job status due to the COVID-19 pandemic may now be eligible for enrollment in our Diabetes Patient Assistance Program (PAP) and receive insulin free of charge for 90 days. Effective April 1, 2020, Medicare patients were no longer required to pay \$1,000 for medicines before being eligible for the Novo Nordisk PAP.

Serves:

- All ages, Low-income, Diabetes, uninsured

Hours:

- M-F 7 a.m. – 4p.m.

Phone:

- 866-310-7549

Website:

- <https://www.novocare.com/psp/PAP.html>

### Lilly Insulin Value Program

Information:

- In response to the crisis caused by COVID-19, Eli Lilly and Company is introducing the Lilly Insulin Value Program, allowing anyone with commercial insurance and those without insurance at all to fill their monthly prescription of Lilly insulin for \$35.

Serves:

- All Ages, Diabetes, Low -Income (Due to federal guidelines, seniors in Medicare Part D plans are not eligible for a savings card but can call the Solution Center to see if they're eligible for other options.)

Hours:

- M – F 10 a.m. – 10 p.m.

Phone:

- 833-808-1234

Website:

- <https://www.lilly.com/news/stories/covid19-crisis-lilly-introduces-35-dollar-copay-insulin>

## Legal Aid

### Legal Aid of Nebraska

Information:

- Provide Nebraskans who have questions or are experiencing legal problems due to the coronavirus/COVID-19 with legal advice and assistance.

Serves:

- Adults 18+
- Unemployed
- Individuals/Families
- Home Owners/Renters
- Benefits Recipients/Low-Income
- Domestic Violence Survivors

Hours:

- M - F 8 a.m. – 5 p.m.

Phone:

- 844-268-5627

Website:

- <https://www.legalaidofnebraska.org/>

## Transportation

### U-Haul

Information:

- Financial assistance for students for storage and school

Serves:

- Adults & Students

Phone:

- 800-468-4285

Website:

- <http://www.uhaul.com/Articles/About/20625/College-Students-U-Haul-Offers-30-Days-Free-Self-Storage-amid-Coronavirus-Outbreak/>

**Enterprise Rental**

Information:

- Financial assistance for student's transit and transportation (Offer Expires 9/30/2020)

Serves:

- Adults 18+, Students

Phone:

- 855-266-9289

Website:

- <http://www.enterprise.com/en/car-rental/deals/young-driver.html>

**Financial Assistance**

**Nebraska Department of Labor**

Information:

- Unemployment benefits providing temporary financial assistance to workers who are unemployed through no fault of their own and meet NE eligibility requirements

Serves:

- Adults 18+, anyone in need

Hours:

- M - F 8 a.m. – 5 p.m.

Website:

- <http://bit.ly/2QWBCAG>

**Sponsor Angels - Financial Assistance Request by Shopping Angels**

Information:

- Financial assistance to pay for food. Extension of shopping angels, helping to connect with individuals who would like to provide financial assistance

Serves:

- Individuals over the age of 60 or those with impaired immune systems

Hours:

- M -F 10 a.m. – 7:00 p.m.

Website:

- <https://shoppingangelsglobal.org/>

**Nebraska Promise Program by University of NE**

Information:

- Tuition assistance across 4 campuses for undergraduates from the state of NE whose family income is less than \$60,000 or applicant qualifies for Pell Grant

Serves:

- Low income teen/adult students

Hours:

- M-F 8 a.m. – 5 p.m.

Website:

- <https://nebraska.edu/nebraska-promise>

**Gary Sinise Foundation Emergency COVID-19 Combat Service**

Information:

- Provides grants to first responders in need of PPE when answering COVID-19 services calls. Financial assistance is also available to healthcare professions, service members, veterans, first responders and their families who have been impacted.

Serves:

- Veterans, Healthcare Professionals, and first responders

Hours:

- M-F 8 a.m. – 5 p.m.

Phone:

- 888-708-7757

Website:

- <https://www.garysinisefoundation.org/emergency-covid-19-combat-service/>

**Timberlake Outreach Center by Open Door Mission**

Information:

- The Timberlake Outreach Center provides preventative measures to empower families to remain in their own homes by supplementing their income through monthly assistance with food, clothing, household goods, furniture and appliances.

Serves:

- Low- Income, All ages

Hours:

- Tuesdays 9 a.m. - 3 p.m.

Phone:

- 402-829-1510

Website:

- <http://www.opendoormission.org/>

**Financial Distress Helpline & Coronavirus Financial Toolkit by National Foundation for Credit Counseling**

Information:

- The National Foundation for Credit Counseling (NFCC) offers the Financial Distress Helpline to assist if you are experiencing job loss, temporary loss of income or financial hardship during this time.

Serves:

- Anyone in need, unemployed

Hours:

- M-F 8 a.m. – 5 p.m.

Phone:

- 800-388-2227

Website:

- <https://debtadvice.org/corona/>

## Housing

### COVID-19 Renter Helpline by My Home by Freddie Mac

**Information:**

- Freddie Mac provides support, information and relief for renters experiencing financial hardships resulting from COVID-19

**Serves:**

- Adults 18+, home renters

**Hours:**

- M – F 7:00 a.m. – 4:00 p.m. CST

**Phone:**

- 1-800-404-3097

**Website:**

- <https://myhome.freddiemac.com/renting/relief-for-landlords-and-renters.html>

### Heartland Family Service Permanent Supportive Scattered-Site Housing

**Information:**

- Provides assistance in obtaining and maintaining permanent housing for individuals and families who are literally homeless and have at least one person with a disabling condition. Financial assistance and case management are provided in order to remove significant barriers to stable housing.

**Serves:**

- Young adults 18-23 who are former wards of the state. Homeless.

**Hours:**

- M – F 8:30 a.m. – 5 p.m.

**Website:**

- <http://heartlandfamilyservice.org/housing-financial-stability/permanent-supportive-scattered-site-housing/>

### United Way of the Midlands

**Serves:**

- All ages
- Home owners/Renters

**Hours:**

- Open 24 hours

**Website:**

- <http://bit.ly/2WEDAcB>

### Resident Relief Foundation

**Information:**

- Grants for rental assistance due to unexpected financial emergency outside of your control

**Serves:**

- Adults 18+, Home renters, near homeless, low-income

**Hours:**

- 7 a.m. – 4 p.m.

**Website:**

- <https://residentrelieffoundation.org/resident-application/>

### Nebraska Accommodation Plan

**Information:**

- The State of Nebraska is looking to prevent the exposure of COVID-19 to citizens with high risk medical conditions by providing alternative sites for quarantine and isolation to exposed members of their household.

**Serves:**

- NE residents and First Responders who are medically stable and require no assistance with ADLs. Individuals must be at high risk and do not have other safe quarantine housing options.

**Application:**

- <https://cip-dhhs.ne.gov/redcap/surveys/?s=K97PH77LYL>

**Website:**

- <http://dhhs.ne.gov/Pages/default.aspx>

### COVID – 19 Rent Relief Loans by Esusu

**Information:**

- Esusu is providing interest-free loans to individuals who have been impacted by a loss of income due to COVID-19. This fund is designed to safeguard renters while supporting tenants and landlords as we collectively navigate this crisis.

**Serves:**

- Age 17+ and adversely affected by COVID-19

**Hours:**

- M – F 7 a.m. – 4 p.m. CST

**Website:**

- <https://www.esusurentrelief.com/>

### HUD Public Housing Program by Omaha Housing Authority

**Information:**

- Provides affordable, safe housing through a contract with HUD

**Serves:**

- Adult 18+, families, low-income, all disabilities

**Hours:**

- M – F 8 a.m.- 5 p.m.

**Website:**

- <http://www.ohauthority.org/>

### Douglas County CARES Rental Assistance Program by Douglas County

**Information:**

- Provides financial assistance to pay rent for Douglas county residents whose income has been negatively impacted due to COVID-19

**Serves:**

- Adults 18+, home renters, low-income

**Hours:**

- M – F 8:00 a.m. – 4:30 p.m.

**Website:**

- <https://www.douglascounty-ne.gov/coronavirus-relief-fund-information>



## Utility Assistance

### Black Hills Energy

Information:

- Temporarily suspending non-payment disconnections

Serves:

- All ages, Anyone in need

Phone:

- 888-890-5554

Website:

- <http://www.blackhillsenergy.com/safety/response-covid-19-your-safety-our-top-priority>

### Metropolitan Utilities District

Serves:

- All ages, Anyone in need, Individuals, Families

Hours:

- M - F 8 a.m. – 5 p.m.

Phone:

- 800-732-5864

Website:

- <http://www.mudomaha.com/node/5359>

### Omaha Public Power District

Information:

- Temporarily suspending non-payment disconnections

Serves:

- All ages, Anyone in need

Phone:

- 877-536-4131

Website:

- <http://oppdthewire.com/keeping-the-power-on-while-covid-19-plans-in-place/>

### NorthWestern Energy

Information:

- Temporarily suspending non-payment disconnections

Serves:

- All ages, Anyone in need

Phone:

- 800-245-6977

Website:

- <http://www.northwesternenergy.com/>

### Nebraska Coronavirus Aid Relief fund by Dollar Energy Fund

Information:

- Under the CARES Act, Douglas County has allocated a portion of these funds to provide utility assistance to Douglas County costumners of MUD and OPPD who are struggling to afford their bills as a result of the COVID-19 pandemic

Serves:

- Douglas county resident OPPD and/or MUD customers financially impacted by COVID-19

Hours:

- M – F 8:00 a.m. – 5:00 p.m.

Website:

- <https://www.dollarenergy.org/need-help/nebraska/cares/>

## Internet & Phone

Information:

- Financial assistance for internet or phone services

### AT&T

Serves:

- Adults 18+

Phone:

- 800-288-2020

Website:

- <http://about.att.com/pages/COVID-19.html>

### Charter Communications

Serves:

- Adults 18+

Phone:

- 844-488-8395

Website:

- <https://bit.ly/2wnbhoh>

### Comcast

Serves:

- Adults 18+

Website:

- <http://corporate.comcast.com/covid-19>

### Connect2Compete Program by Cox Communications

Serves:

- All ages

Phone:

- 402-933-3000

Website:

- <https://bit.ly/2VdQb4f>

### Sprint

Serves:

- Adults 18+

Phone:

- 888-211-4727

Website:

- <http://www.sprint.com/en/landings/covid-19.html?INTCID=HPB:ALL:ALL:COVID19:LP>

### T-Mobile

Serves:

- Adults 18+

Website:

- <http://www.t-mobile.com/brand/ongoing-updates-covid-19>

### U.S. Cellular

Serves:

- Adults 18+

Phone:

- 800-944-9400

Website:

- <http://www.uscellular.com/covid-19>

### Verizon

Serves:

- Adults 18+

Phone:

- 800-922-0204

Website:

- <http://www.verizon.com/about/news/update-verizon-serve-customers-covid-19>



## **Miscellaneous**

### **NEW! Mask Program** by *Mask Helpers*

#### Information:

- Mask Helpers helps connect those who need free, non-medical grade face covering to protect themselves and our community to help slow the spread of COVID-19.

#### Serves:

- For individuals who can't buy or make masks

#### Hours:

- M – F 8 a.m. – 5 p.m.

#### Website:

- <https://www.maskhelpers.org/mask>