

Medicare Annual Wellness Visits



A Medicare Annual Wellness Visit is a preventive visit with your provider and is a great opportunity to focus on issues or concerns that may be overlooked in a routine physical exam. Plus, together with your health-care team, you will develop a long-term preventive care plan to guide your health. Discover more about this valuable visit below and how you can benefit.

? What is a Medicare AWW?

The Medicare Annual Wellness Visit is a yearly appointment with your care provider to update your health records and ensure you are up-to-date on receiving preventive health-care services (screenings and vaccinations).

? Who is Eligible?

All Medicare Part B members who have not had a Medicare AWW or "Welcome to Medicare" visit in the past 12 months.

? What does the Medicare AWW cost?

Patients pay nothing out-of-pocket for this visit.

* However, during your visit **if you require further tests or screenings** other than those listed below, **a co-payment or deductible expense may occur.**

? Is the Medicare AWW the same thing as a yearly physical?

No. A Medicare AWW is a yearly visit with your provider to create a personalized preventive health plan, whereas yearly physicals are for addressing chronic illnesses and performing routine lab work. However, your care provider may elect to perform additional services during a Medicare AWW, which may have additional costs.

? What should I do if I haven't had a Medicare AWW in the past 12 months?

Call your clinic and ask to schedule your Medicare AWW. Talk to your provider about what you can do to prepare for the visit and what they would like you to bring.

What is covered as part of the Medicare AWW?



Update of your age, race, address and contact information



Screen for memory and behavioral changes



Review of your medical and family history and medications



Review of movement ability and risk of falling



Update of your list of current care providers



Written preventive screening plan for the next five to 10 years.



Measurement of blood pressure, height and weight



Advance Care (end-of-life) Planning



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