



## WHAT YOU NEED TO KNOW ABOUT

# Medicare Annual Wellness Visits

Did you know that Medicare will provide an Annual Wellness Visit (AWV) once a year at no cost to you? Below is some information about this benefit and how it differs from a "yearly exam" or a "problem visit."



## ① What is an AWV?

The Annual Wellness Visit is a yearly appointment with your care provider to update your health records and ensure you are up-to-date on receiving preventive health care services (screenings and vaccinations).

## ② Who is Eligible?

All Medicare Part B members who have not had a Medicare AWV or "Welcome to Medicare" visit in the past 12 months.

## ③ What does the AWV cost?

Patients pay nothing out-of-pocket for this visit.

\* However, during your visit **if you require further tests or screenings** other than those listed below, **a co-payment or deductible expense may occur.**

## ④ Is the AWV the same thing as a yearly physical?

No. An AWV is a yearly visit with your provider to create a personalized preventive health plan, whereas yearly physicals are for addressing chronic illnesses and performing routine lab work. However, your care provider may elect to perform additional services during an AWV which may have additional costs.

## ⑤ What should I do if I haven't had an AWV in the past 12 months?

Call your clinic and ask to schedule your AWV. Talk to your provider about what you can do to prepare for the visit and what they would like you to bring.

## What is covered as part of the AWV?



Update of your age, race, address, and contact information



Screen for memory changes



Update of your medical and family history



Review of movement ability and risk of falling



Update of your list of current care providers



Written preventive screening plan for the next 5 to 10 years.



Measurement of blood pressure, height and weight



Advanced Care (end-of-life) Planning



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